

5 THRIVE STRATEGIES

2 Break Free of Limiting Beliefs

“There are 2 ways to have the biggest building around.

Build it – or – tear everyone else’s down.”

Proverbs 18:21-“The tongue has the power of life and death, and those who love it will eat its fruit.”

Character

Values

Who you _____ determines what you do.

What you _____ does not determine _____ you are.

Proverbs 22:1 – “A good name is more desirable than great riches; to be esteemed is better than silver or gold.”

What’s in the _____
comes up in the _____.

Reprogram my mind – be transformed by the renewing of your mind.

Romans 12:2 – “Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”

What does God say about me?

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Proverbs 16:23-24 – “A wise man’s heart guides his mouth, and his lips promote instruction. Pleasant words are a honeycomb, sweet to the soul and healing to the bones.”

I must know in my heart what God says about me.

I choose to believe what God says about me and say the same about others.

Make 2 Lists: 1) My _____ list 2) I _____ list

<u>My Gratitude</u>	<u>I AM</u>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

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